

ART & SOUL

VEGAN / VEGETARIAN

VEGAN (V) VEGETARIAN (VG) MADE WITHOUT GLUTEN (MWG) DAIRY FREE (DF) CAN BE ADAPTED TO SUIT (*)

ALL DAY MENU

SUMMER BERRY SMOOTHIE BOWL (V)(MWG)(DF) £4.50
TOPPED WITH AN OAT CRUMBLE

TYPICAL TOAST (*V)(*MWG) £2.50
CHOOSE: STRAWBERRY JAM | MARMALADE | MARMITE

BAPS (*MWG)(DF) £4.50
CHOOSE: VEGAN BACON (V) | VEGAN SAUSAGE (V) | FRIED EGG (VG)
ADD: FRIED EGG £1.25 | VEGAN CHEESE £2 | MUSHROOMS £1.25

ART AND SOUL RAREBIT (VG) £5.00
2 CRUMPETS WITH MELTED CHEDDAR AND WORCESTERSHIRE SAUCE

VEGAN BELGIAN WAFFLES (V)(*MWG)(DF) £7.50
CHOOSE:
STRAWBERRIES AND SOYA CREAM | STRAWBERRIES AND CHOCOLATE SAUCE
MAPLE SYRUP AND VEGAN BACON | MAPLE SYRUP AND BANANA

EGGS ON SOURDOUGH (VG)(*MWG)(*DF) £6.50
CHOOSE: POACHED | SCRAMBLED | FRIED
ADD: ROASTED CHERRY TOMATOES £1.75 | VEGAN BACON £2

AVOCADO ON SOURDOUGH (V)(*MWG)(DF) £7.00
ADD: HALLOUMI £2.50 CHERRY TOMATOES £1.75 | POACHED EGG £1.25

EGGS BENEDICT FLORENTINE (VG) £8.00
POACHED EGGS ON A TOASTED ENGLISH MUFFIN
WITH SPINACH AND SLICED TOMATOES TOPPED WITH HOLLANDAISE

VEGETARIAN BREAKFAST (VG)(*MWG)(*DF) £10.50
POACHED EGG, VEGAN BACON, VEGAN SAUSAGE, HARISSA MUSHROOMS,
ROASTED CHERRY TOMATOES, BAKED BEANS, PAN ROASTED POTATO SLICES
AND TOASTED SOURDOUGH | ADD: SMASHED AVOCADO £3

VEGAN BREAKFAST (V)(DF) £10.50
VEGAN BACON, VEGAN SAUSAGE, HARISSA MUSHROOMS, ROASTED CHERRY
TOMATOES, SPINACH, BAKED BEANS, PAN ROASTED POTATO SLICES
AND TOASTED SOURDOUGH | ADD: SMASHED AVOCADO £3

LUNCH MENU

AVAILABLE FROM 12PM

SOUP OF THE DAY (V)(*MWG)(DF) £5.50
(PLEASE SEE OUR DAILY SPECIALS BOARD) SERVED WITH SOURDOUGH

VEGAN SPRING ONION PANISSES (V)(MWG)(DF) £6.00
CHICKPEA FRIES WITH AIOLI AND VEGAN BACON

KIDNEY BEAN BURGER (V)(*MWG)(DF) £10.00
SERVED IN A BRIOCHE BUN
WITH ROCKET, SLICED TOMATO AND A PICKLE RELISH
SERVED WITH HOMEMADE RUSTIC POTATO WEDGES AND SALAD GARNISH
ADD: VEGAN BACON £2 | VEGAN CHEESE £2 | CHEDDAR £2

RED RICE FETA SALAD (VG)(MWG) £8.50
ADD:
AVOCADO £3 | VEGAN BACON £2 | POACHED EGG £1.25

VEGAN BLT BAGEL (V)(*MWG)(DF) £8.50
VEGAN BACON, ROCKET AND SLICED TOMATO

AL DESKO BAGEL (VG) £8.50
PAN FRIED HALLOUMI, CARAMELISED RED ONION AND CUCUMBER

BLUSHING BAGEL (V)(*MWG)(DF) £8.00
SAUTÉED MUSHROOMS WITH SUN DRIED TOMATO HUMMUS
ROCKET AND PUMPKIN SEEDS

AVOCADO AND RED PEPPER TOAST (V)(*MWG)(DF) £8.00
SMASHED AVOCADO TOPPED WITH ROASTED RED PEPPERS
AND PUMPKIN SEEDS ON TOASTED SOURDOUGH

COCOZELLE (VG)(*MWG) £7.50
SCRAMBLED EGG WITH PAN FRIED COURGETTE ON TOASTED SOURDOUGH

SWEET POTATO TOAST (V)(*MWG) £7.00
SMOOTH SWEET POTATO AND CARAMELISED ONION
DRIZZLED WITH A CREAMY GARLIC SAUCE ON TOASTED SOURDOUGH

SALT AND PEPPER POTATO WEDGES (V)(MWG)(DF) £3.80
SERVED WITH AIOLI

ART & SOUL

MEAT / FISH

VEGAN (V) VEGETARIAN (VG) MADE WITHOUT GLUTEN (MWG) DAIRY FREE (DF) CAN BE ADAPTED TO SUIT (*)

ALL DAY MENU

SUMMER BERRY SMOOTHIE BOWL (V)(*DF) £4.50
TOPPED WITH AN OAT CRUMBLE

TYPICAL TOAST (*V)(*MWG) £2.50
CHOOSE: STRAWBERRY JAM | MARMALADE | MARMITE

BAPS (DF) £4.50
CHOOSE:
BACON (*MWG) | LOCAL BUTCHERS SAUSAGE | FRIED OR POACHED EGG (*MWG)
ADD: FRIED EGG £1.25 (*MWG) | CHEESE £2 | MUSHROOMS £1.25

BELGIAN WAFFLES (*MWG) £7.50
CHOOSE:
STRAWBERRIES AND CREAM | STRAWBERRIES AND CHOCOLATE SAUCE
MAPLE SYRUP AND BACON | MAPLE SYRUP AND BANANA

ART AND SOUL BREAKFAST (*DF) £11.00
POACHED EGG, 2 BACON, 1 LOCAL BUTCHERS SAUSAGE, HARISSA MUSHROOMS,
ROASTED CHERRY TOMATOES, BAKED BEANS, PAN ROASTED POTATO SLICES
SERVED WITH TOASTED SOURDOUGH

EGGS BENEDICT FROM £8.00
POACHED EGGS SERVED ON A TOASTED ENGLISH MUFFIN WITH HOLLANDAISE
(ASK US IF YOU'D PREFER A SMALLER PORTION)
CHOOSE:
CLASSIC: UNSMOKED BACON FROM OUR LOCAL BUTCHERS £8.00
ROYALE: CURED SMOKED SALMON £8.50

KIDS

CHEESY CRUMPETS £3.00
EGG AND SOLDIERS £4.50 (*MWG)
FRUIT SALAD £3.80 (MWG)
BEANS ON TOAST £3.50 (*MWG)
WAFFLES WITH...
CHOCOLATE SAUCE £3.50
STRAWBERRIES £3.50
MAPLE AND BANANA £4.00

KIDS PLATTER
CHEESE OR JAM SANDWICH
ORANGE OR BLACKCURRANT
SQUASH
FRUIT AND SALAD SELECTION
£5.50

LUNCH MENU

AVAILABLE FROM 12PM

SOUP OF THE DAY (V)(*MWG)(DF) £5.50
(PLEASE SEE OUR DAILY SPECIALS BOARD)
SERVED WITH SOURDOUGH

SPRING ONION PANISSES (MWG)(DF) £6.00
CHICKPEA FRIES WITH AIOLI AND BACON

RED RICE FETA SALAD (VG)(MWG) £8.50
ADD:
AVOCADO £3 | BACON £2 | POACHED EGG £1.25

HOMEMADE BEEF BURGER (*MWG)(DF) £10.00
IN A BRIOCHE BUN
WITH ROCKET, SLICED TOMATO AND A PICKLE RELISH
SERVED WITH HOMEMADE RUSTIC POTATO WEDGES AND SALAD GARNISH
ADD: BACON £2 | CHEDDAR £2 | MUSHROOMS £1.25 | FRIED EGG £1.25

BLT BAGEL (*MWG)(DF) £8.50
BACON, ROCKET AND SLICED TOMATO
SERVED WITH A SALAD GARNISH

SMOKED SALMON BAGEL (*MWG) £9.00
WITH CREAM CHEESE AND CUCUMBER
SERVED WITH A SALAD GARNISH

TUNA MELT (*MWG) £7.00
TUNA MAYONNAISE GRILLED WITH OOZING CHEDDAR
SERVED ON TOASTED SOURDOUGH WITH A SALAD GARNISH

SALT AND PEPPER POTATO WEDGES (V)(MWG)(DF) £3.80
SERVED WITH AIOLI